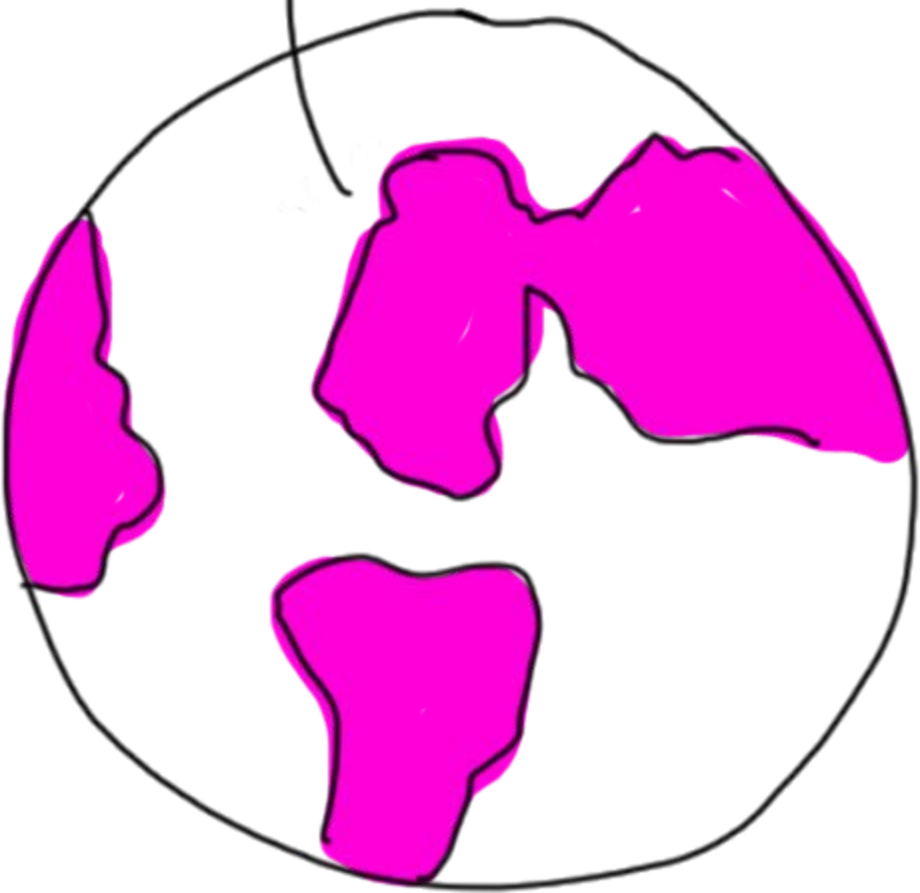dit kunnen we veranderen